



# ANNUAL REPORT 2022-2023



"My journey has been a rough road, a lot of turbulence along the way but now I'm very excited about this great achievement. It's time to now reflect on what I'm going to do next."

**Samson, ZOA-supported student-turned-barrister**

## In their own words...

I appreciate the sponsorship I got and have realised the value it has had on my life. Thanks so much to my sponsors.

John, Electrical graduate

I wouldn't be calling myself a graduate if one person hadn't seen the potential in me and said, 'I think we can help this child'. A little kindness goes a long way and you don't know who you might be helping. I wouldn't have done this without ZOA's support.

Exilia, Veterinary graduate

May God keep blessing you, my sponsors.

At this moment, I am remaining with eight months to complete my studies and I am ready both for the exams and the mission ahead of me. I remain grateful.

Agness, Nursing student

Thank you to Zambia Orphans Aid for making it possible for me to reach this far in my education and giving me an opportunity to meet the patients who have transformed my life. The studies are going very well.

Mary, Nursing student

Zambia Orphans Aid (ZOA-UK)

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# WELCOME...

2022-23 will be remembered as the start of a long, slow, global recovery from the pandemic. In the UK, we have all felt the bite of the cost of living crisis; in Zambia, debt and slow growth have continued to tighten their grip. It has been far from easy, and as is so often the case, the effects on the most vulnerable in our communities have been stark. In this time of uncertainty and hardship, I could not be more grateful to supporters like you, who have continued to stand up for vulnerable young people.

We have achieved a lot this year. We have brought life-changing psychosocial counselling to more than 1000 young people who needed it. We have sensitised nearly 3000 children on issues relating to sexual health and early marriage. We could not do any of this without you.

I'm excited to share these results with you. I hope they fill you with as much gratitude and positivity as they do me.

Finally, a special thank you to all of our donors, however much you have been able to give. Every pound counts and makes a tangible difference in communities across Zambia.

Garnet Mulomo, Chair of Trustees

## ABOUT ZOA

At the heart of everything ZOA-UK does is our unstinting commitment to give orphans and other vulnerable children in Zambia the tools to transform their lives.

We do this by working with carefully selected grassroots community-based groups in some of the most disadvantaged communities in Zambia. We understand that just getting children into school simply isn't enough – they need a full belly in order to concentrate in class, good mental health to fully participate in society and professional careers advice to help them make the best choices for their future.

We have a track record of getting more girls into school. We also support pupils living with disabilities to access and participate fully in mainstream education, ensuring better inclusion and opportunities for all.



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Above: A student studies - able to concentrate thanks to nutritious meals provided by ZOA

# IMPACT

We continue to pride ourselves on being a small, nimble charity that can adapt our approach as necessary. To accomplish this, we work in collaboration with grassroots partners across Zambia. Partners currently include:

**Chibolya Education and Health Organisation** – a local organisation on the outskirts of Mazabuka, Southern Province, which established a community school in 2012. Ten years on, Chibolya now has five classrooms and supports 600+ pupils from Grade 1 to Grade 11.

**Hope and Faith** – a remarkable community school of almost 700 pupils based in N'gombe, a socially deprived part of Lusaka. 40% of pupils are either orphaned or vulnerable. Work began in 2004, when a retired government school inspector took two homeless children into her home and started teaching them with donated books. What began as homeschooling two orphans went on to become a large school of 16 classrooms!

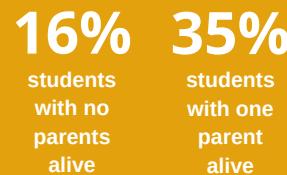
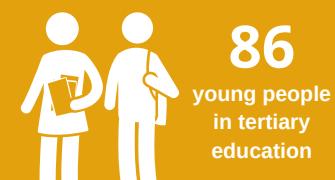
**Nevers Care and Support Group** – a fostering and education project for abandoned orphans and other struggling single and double orphans in Chitamba Village, Northern Province. ZOA-UK has supported Nevers since 2009 by paying school fees and providing uniforms, shoes, books and stationery. We also support students in tertiary training.

**Lubushi Parish Rural Resettlement Scheme** – also in Northern Province – is very isolated, especially in the rainy season. As part of our commitment to keeping girls in school we've built boarding houses and toilets for students.

**Twatasha School** – Twatasha Disabled and OVC Organisation, founded in 2008, is a community initiative based in Kafue District of Lusaka Province, Zambia that provides inclusive education to children with disabilities and other vulnerable children.

**Twavwane School** – founded by social workers, this busy community in a very disadvantaged area of Lusaka educates and feeds pupils from Grade 1 to 9 and supports older children to complete their education at local schools and colleges.

## In numbers...



1872

recipients of nutritious school meals



1795

students receiving menstrual hygiene management messaging in class



772

students sensitised on mental health



432

students attending after school clubs



1607

adolescents screened/tested for HIV



638

OVC receiving life skills training

## Team changes

We want to say a heartfelt thank you to ZOA's founding Chairperson, Lord Andrew Turnbull, who has stepped down as a UK Trustee after 16 years. In recognition of the significant role Andrew has played in guiding ZOA during his time as a Trustee, we are delighted to appoint him as our first Patron.

Meanwhile, Dr Tukiya Kankasa-Mabula has become the new chairperson of ZOA Zambia. Tukiya is a respected lawyer, educator, administrator, business woman and advocate on gender issues. She served as the Deputy Governor at the Bank of Zambia until December 2019, and worked with UNICEF to incorporate child rights into the Zambian Constitution.



Lord Andrew Turnbull



Dr Tukiya Kankasa-Mabula

## In numbers...



**52**

peer  
educators  
recruited



**2676**

young people  
sensitised on  
sexual health  
issues and  
early marriage



**108**

people trained  
to provide  
psychosocial  
counselling  
in their  
community



**2264**

psychosocial  
counselling sessions  
conducted  
(with a total of  
**1017** children)



**470**

parents / carers  
sensitised on  
mental health



**105**

parents sensitised  
on Menstrual  
Hygiene  
Management

# Sexual health and harassment workshops bring crucial awareness to Lusaka

Between August 2021 and September 2022, ZOA ran a multi-pronged programme designed to promote sexual health and reduce harassment. Psychosocial counselling, HIV testing, using music and drama to train children how to become peer educators: the programme had many parts, and was sorely needed. In August 2021, 73% of participants had been unable to access an HIV test.

The results of the pilot speak for themselves. Surveys conducted before and after the programme found the following differences:

## Awareness

- Students were 42.9% more likely to correctly identify sexual harassment
- As a consequence, after the programme, students were three times as likely to say 'yes' they had been sexually harassed
- After the programme, students were 2.5x more likely to know how to report sexual harassment

## After the trainings...



**68%**

knew their HIV status



**42%**

more likely to identify sexual harassment



**266%**

more knew how to report sexual harassment

Already, we've begun to expand on these results. Further training workshops took place in February 2023, and students reported taking away valuable learnings about HIV and sexual harassment.

We'd like to extend a big thank you to the Mercury Phoenix Trust for supporting this vital programme.



## Health

- Before the programme, more than 70% of participants were unaware of their HIV status. By the end, 68.5% had an answer.
- Students who went through the programme may now be 67.9% less likely to experience other health problems - because they were sensitised to such problems during the training, and learnt how to avoid them or seek healthcare.

# New fish pond brings nutritious school meals and extra income to Chibolya

Malnutrition is endemic in Zambia. A third of Zambian children are smaller than they should be because they don't eat enough nutrients to grow. Too many are hungry while trying to learn in school.

Two years ago, the Chibolya Education and Health Organisation (CEHOZ) collaborated with ZOA-Z to dig a fish pond for use by Chibolya Community School. The pond provided nutritious, protein-rich meals for the students, and an extra source of income for the school.

In 2022, a second pond was dug. And since then, the yield has been higher than ever. The school can now harvest up to 20,000 fish per year - up from 9,000 when the first generation of fish matured.

At harvest time, the school kitchen has fresh fish, and students can enjoy high-protein, tasty lunches. It's a lifeline for hungry children – they get the energy they need to play and learn – and for the school too, because any spare fish are sold and the money is used to buy books.



Hamalala Bismarck, Project Coordinator at Chibolya Community School, said: **"The harvest has been very good. It has helped to improve the academic performance of pupils at the school as well as increased attendance which has helped to maintain pupil retention. We hope to construct two more fish ponds and stock more fingerlings in order to increase production and increase the income to sustain the operations at the school. It has provided additional skills to myself as a teacher to be self-reliant and can be replicated in my community."**

Thanks to the Halcrow Foundation and the Beatrice Laing Trust for making this programme possible.



# 2023 girls' education survey

We surveyed orphaned and vulnerable children - and discovered some crucial and disturbing new information.



## Unmet eyecare needs revealed

Only two students (1.4% of those surveyed) reported that they wear glasses or contact lenses. Whereas up to 20% of Zambian children have eyecare needs. This suggests a significant number of ZOA-supported children need glasses, but do not have access to them, causing major challenges in the classroom.

## Differences in attitudes towards education

Boys are more likely than girls to aspire to attend college and university than girls: 41.9% compared to 30.4%.

## Mental health

Girls reported lower happiness at home and at school compared to boys.

27% of female students indicated that they had experienced at least one symptom of poor mental health 'more than half the days'. Those symptoms include:

- Excessive anxiety / worrying about a number of events or activities
- Finding it hard to control worrying
- Feeling restless or on edge
- Being easily tired out
- Difficulty concentrating

## Menstrual Hygiene Management (MHM)

56% of girls believe one or more myths about menstruation. Including that menstruating girls "are ready for marriage" and "shouldn't add salt to food".

21% of girls felt embarrassed talking about menstruation. Disposable sanitary pads are still the most common sanitary product being used - 75.9% of ZOA-supported girls use them, but increasing numbers are now using reusable pads and can make their own thanks to training from ZOA.

## Key numbers



boys are

**10%**

more likely to aspire to university than girls



**27%**

of girls experienced at least one symptom of poor mental health



**21%**

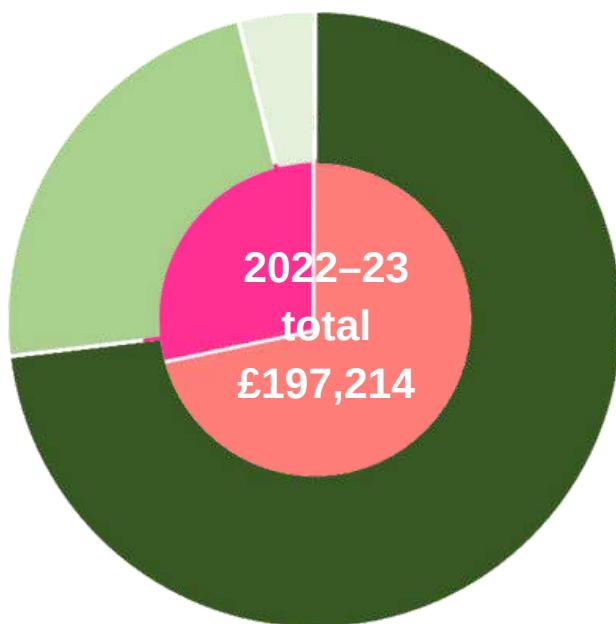
of girls feel embarrassed talking about menstruation

# FINANCIAL REVIEW

## Our income

The continuing challenges of fundraising amid the economic challenges caused by COVID-19 and the Ukraine War are reflected in this year's report, as we have experienced a 25% decline in income compared with the previous financial year.

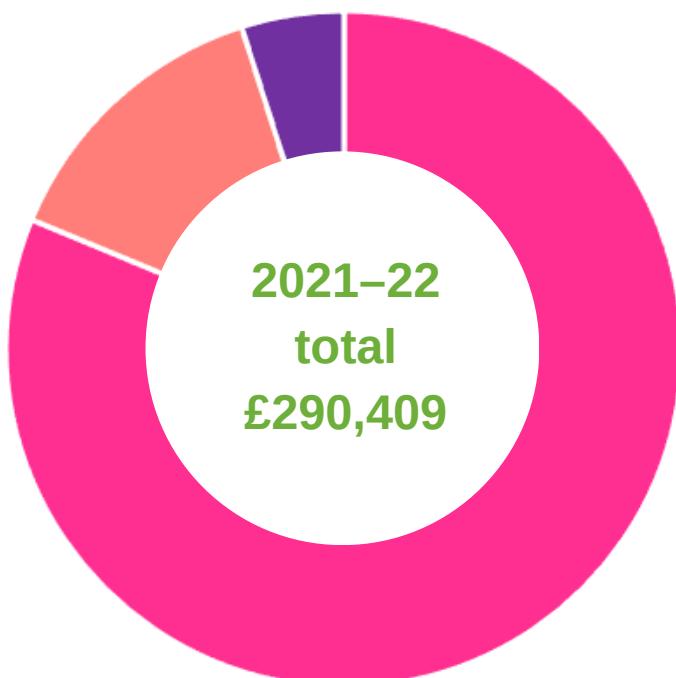
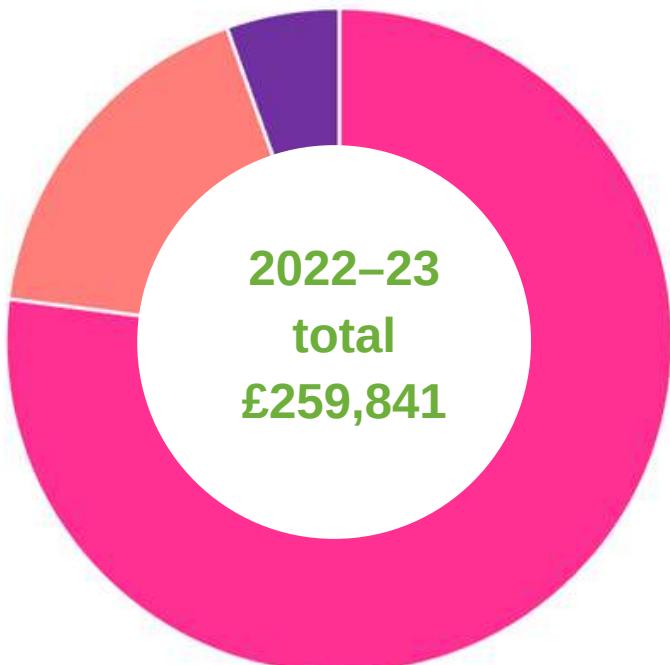
New strategies to diversify and grow income are expected to see dividends in the next financial year.



Income	2022-23 £	%	2021-22 £	%
Trusts and foundations	144,177	73	152,897	58
Individual donors/others	45,130	23	83,902	32
Trustees	0	0	6,000	2
Gift Aid	7,907	4	19,228	7
<b>Total</b>	<b>197,214</b>		<b>262,027</b>	
Restricted funds	141,442	71	132,994	51
Unrestricted funds	55,772	29	129,033	49

## Our expenditure

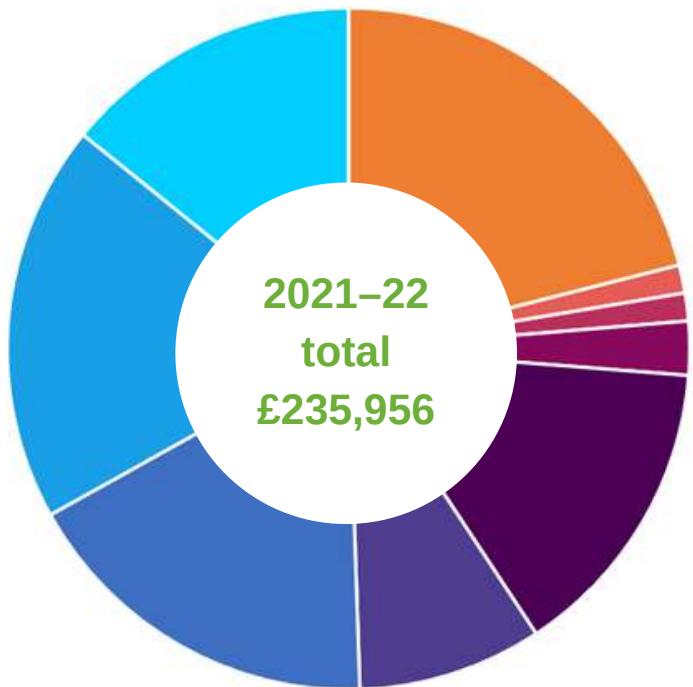
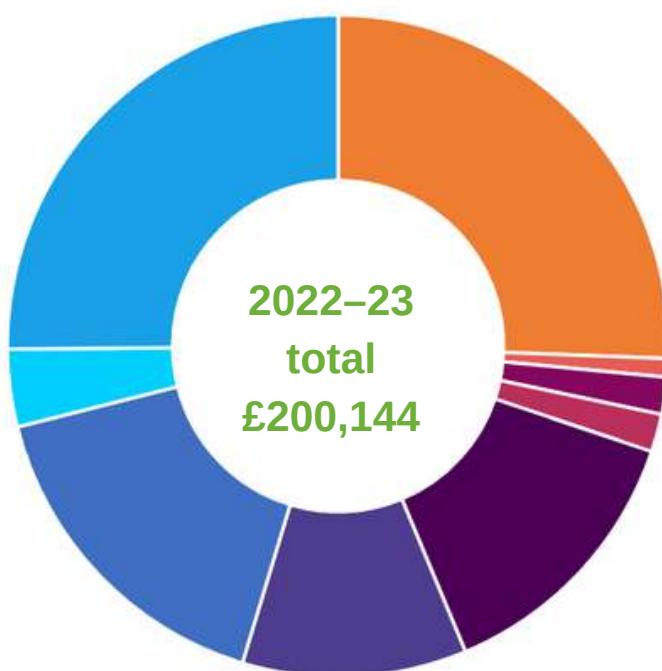
Expenditure on charitable activities during the reporting period 2022-2023 decreased by 11% compared with the previous financial year, though still more than three-quarters of donated funds were channelled directly through to our programmes, benefiting some of Zambia's most in-need children and young people.



Expenditure	2022-23 £	%	2021-22 £	%
Charitable activities	200,144	77	235,956	81.2
Fundraising	45,501	17.5	40,233	13.9
Governance	14,196	5.5	14,220	4.9
<b>Total</b>	<b>259,841</b>		<b>290,409</b>	

# Our charitable activities

COVID-related programme expenditure decreased during this period compared to the previous financial year, due to the fact that no school closures took place.



## Activity

2022-23 £

%

2021-22 £

%

School support costs*	51,235	25.6	49,649	21
Children with disabilities	1810	0.9	3,133	1.3
Psychosocial counselling/training	3619	1.8	3,110	1.3
Menstrual hygiene management	3701	1.8	6,019	2.5
Infrastructure projects	27116	13.5	34,187	14.5
School meals/food supplements	21947	11	20,623	8.7
Tertiary vocational training	32818	16.4	41,172	17.4
COVID-19 emergency response	7574	3.8	33,465	18.9
ZOA-Z monitoring, evaluation, accountability and training	50324	25.1	44,598	14
<b>Total</b>	<b>200,144</b>		<b>235,956</b>	

\* includes solar lamp provision

# Balance sheet and reserves

Statement of Financial Activities for the 12 month period 1 April 2022 to 31 March 2023  
and 12 month period 1 April 2021 to 31 March 2022

## Balance sheet £

	2022-23	2021-22
<b>Fixed Assets</b>	<b>0</b>	<b>0</b>
<b>Current Assets</b>		
Debtors (Gift Aid)	5,309	17,116
Debtor (ZOA-Z unallocated suspense account)	12,577	15,075
Bank Accounts	51,353	98,727
	<b>69,239</b>	<b>130,918</b>
<b>Current Liabilities</b>		
Creditors	1,548	600
<b>Net assets</b>	<b>67,691</b>	<b>130,318</b>
<b>of which Restricted</b>	<b>31,019</b>	<b>41,698</b>
<b>Unrestricted</b>	<b>36,672</b>	<b>88,620</b>

To avoid issues which arise from day to day fluctuations in the exchange rate, cash transferred to Zambia Orphans Aid Zambia is allocated to a suspense account. When grants are due to community partners, they are authorised by ZOA-UK and then paid from the suspense account. The balance of £12,577 on that account is treated as a debtor.

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Signed on behalf of the Trustees

Freedom Mpande  
Trustee and Treasurer/Secretary

# Accounting policies

a) The financial statements have been prepared under the historical cost convention, in accordance with applicable accounting standards and the Companies Act 2006. They follow the recommendations in the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2005), revised in May 2008, applicable accounting standards and the provisions of the small companies regime within Part 15 of the Companies Act 2006.

**The Charity has opted not to produce a cash flow statement, in line with the small company exemption in the Companies Act 2006.**

b) Voluntary income received by way of donations and gifts for the support of Orphans and Vulnerable Children in Zambia is included in full in the statement of income receivable.

c) Friends income is unrestricted income received on a regular payment basis from individual supporters of the Charity.

d) Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the relevant fund.

e) Expenditure, including attributable VAT which cannot be recovered, is recognised in the period in which it is incurred.

f) The Charity employs four part-time staff including the Executive Director.

g) Governance costs are the costs associated with the governance arrangements of the Charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

ZOA-UK relies on voluntary contributions from UK based Trusts and individuals to fund its activities. The long term impact of COVID-19 on funders ability to continue supporting ZOA activities cannot be determined with any certainty.

However, in approving the accounts, the Trustees have assessed the potential impact the COVID-19 pandemic might have on expected income, spending commitments, assets and liabilities and concluded that ZOA-UK has sufficient resources to continue funding its activities. As a result they have adopted a going concern basis for accounting

# Independent Examiner's Report

Report to the trustees of Zambia Orphans Aid UK, charity no. 1145721, company no 7863487, on the accounts for the twelve months ended 31 March 2023.

## Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(1) and (2) of the Charities Act 2011 (the 2011 Act), and that an independent examination is needed under section 145 of the Act.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 156 of the 2011 Act, and
- state whether particular matters have come to my attention.

## Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

## Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met.

Signed:

Name: Gibson A Mutale

**Relevant professional qualification of body:** Fellow of the Association of Chartered Certified Accountants

**Address:** 8 Norton Lees Road, Sheffield S8 9BW

**Date:** 5 September 2023

# Administrative details

## Trustees and directors

Name	Position	Date of appointment
Garnet Mulomo	Chair	19/3/2018
Dr Shimwaayi Muntemba	Vice Chair	16/9/2006
Freedom Mpande	Secretary/Treasurer	5/9/2019
Lord Andrew Turnbull		16/9/2006 Resigned 31 Dec 2022
Jim Potter		16/9/2006
Rachel Quine		24/10/2011
Peter Brooke		6/10/2020
Venansio Kabwe		8/12/2020
Florence Bili		8/3/2022
Mwelwa Mukwashi		7/12/2021

Katy Dore	Executive Director
Danielle Harris	Fundraiser

## Legal and administrative information

Charity Registration Number	1145721
Company Registration Number	7863487
Registered Office	3 Clayfield Road, Pocklington, York YO42 2RG
Administrative Office	2A Nine Chimneys Lane, Balsham, Cambridgeshire CB21 4ES email: admin@zoa.org.uk website: www.zoa.org.uk
Bankers	NatWest Bank plc, 23 Market Street, Cambridge CB2 3PA
Legal Advisor	Tom Murdoch
Independent Examiner	Gibson Mutale FCCA (appointed 12/2019)

## LOOKING AHEAD...

Continuing global economic uncertainty is likely to create further challenges for ZOA and our partners in the year ahead. However, the coming years also promise a lot of positive developments.

In 2022, the Zambian government began implementing its Free Education Programme, employing an additional 30,000 teachers and stopping fees for primary and secondary school students attending state-run schools.

So far the programme has been well-received, but there are doubts that it will be enough to solve the manifold, long-running issues with the education system in Zambia. Around three-quarters of a million children of school-going age are not in school and education remains under-funded.

The ZOA teams in Zambia and the UK will be studying the detail of the implementation and analysing what the implications might be as the Zambian education system adapts to the 'new normal'. We will advocate that quality of education is addressed as well as the mooted improvements to access and financial support for community schools who do not receive government funds.

Meanwhile, we are investigating how we can fill some of the gaps revealed by our education survey, notably in relation to eye-care.

We are ever mindful that we can only do this with your kind and generous support. You make ZOA what it is, and enable us to help lift so many Zambian young people out of poverty. Thank you for reading our Annual Report, and thank you for the donations that make our work possible.



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Registered with



## Thank you!

Allan and Nesta Ferguson Charitable Trust  
 Archer Trust  
 Brian Murtagh Charitable Trust  
 Bryan Guinness Charitable Trust  
 Caterham Overseas Aid Trust  
 CB & HH Taylor 1984 Trust  
 De La Rue Charitable Trust  
 Dorfred Charitable Trust  
 Doris Field Charitable Trust  
 Gilchrist Educational Trust  
 J P T Charitable Trust  
 Kate Farrer Foundation  
 Kestrelman Trust  
 Mac Bevan Charitable Trust  
 Mercury Phoenix Trust  
 MJB Trust  
 MPM Charitable Trust  
 Oak Trust  
 Park Family Trust  
 Peter Stebbings Memorial Charity  
 Rozelle Trust  
 Savannah Charitable Trust  
 SMOAT  
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 Tula Trust  
 William Leech Charity

...and all our individual donors and supporters.