

Winter Newsletter 2018



ZOA-UK is partnering with Rise Community Aid Programme (RICAP) in Kafue again. We last worked with RICAP in 2015 and will be supporting their mother and infant nutrition programme, education activities as well as tertiary vocational training.

Zambia Orphans Aid UK

Latest news

BBC Appeal update: thank you to everyone who generously donated to the BBC R4 Appeal presented by John Sergeant in June. We're delighted to share the news that we raised over **£21,500** to help community groups educate disadvantaged children in Zambia. In case you missed it the focus of our appeal was Susan Nawila (pictured), the founder of our partner, Nevers Club, in Northern Province. Susan was inspired to found Nevers after finding twin babies abandoned near her home and has since helped hundreds of children access education and foster care.



Tertiary update:

12 new graduates; 11 new teachers and 1 nurse/midwife

News from our tertiary students:

Joseph Nthaulo, pictured right, is a first-year student studying Clinical Medicine. He told us, "It's a dream come true being in the field of health which will help me to attain knowledge as well as helping the community, bringing about a reduction in the spread of disease. Thank you so very much."



Ending period poverty



Around the world many girls are skipping school simply because they can't afford to buy sanitary products. Girls we work with in Zambia are missing 30 days of school each year – half due to their period.*

ZOA-UK is delighted to announce we have secured a Small Charities Challenge Fund grant funded with UK aid from the UK Government to run a two-year project to improve girls' menstrual health and reduce school absenteeism. To create lasting change in deprived communities, understanding amongst boys and girls about the mystery of menstruation and why it is so important that girls attend school, must be improved. That's why our local partners are distributing reusable sanitary pads as well as running workshops for girls and boys, volunteers, parents/guardians, teachers, community leaders and peer educators.

Challenging stigma and superstition

Menstruation workshops for girls and boys are combatting deeply held beliefs, such as;

- Sometimes boys menstruate – believed by 9% of females and 10% of males*
- Menstruating girls should not add salt to food because they can cause a cough in men – believed by 39% of females and 25% of males*
- Burning or burying used sanitary materials leads to infertility – believed by 30% of females and 20% of males*

*ZOA-UK baseline survey of ZOA-supported students October 2018.

Our governance 'health-check'

As part of UK Government's due diligence process, we have improved our policies and procedures, included developing a new risk register, whistle blowing, anti-fraud, bribery and corruption policies, and documenting our financial procedures. This 'health-check' has made us more confident that we are working as efficiently and effectively as possible.



Understanding our impact

In September we received the first data from the Child Index Status (CSI). CSI is the tool we are using to assess how the basic needs of children are being met in the following areas - food & nutrition, shelter & care, protection, health, psychosocial, and education & skills-training. Our partners interviewed almost every child we support, which is helping us to understand what our work is achieving and what else needs to be done to assist our community partners to get the best outcomes for children. From 2019 CSI will allow ZOA to be more scientific in the way our funding decisions are made.



Monica Timba, is pictured in yellow alongside her family. The family are extremely poor so ZOA supports Monica to attend school. However, with poor exam results and high drop-out rates amongst girls in Zambia we need to ensure that Monica completes her schooling. CSI will help us to understand what Monica needs to be happy, healthy and resilient, giving her the best chance of progressing in education.

Initial findings

- 83% scored good/fair on education – reassuring for us as keeping children in education is our highest priority
- 42% of students scored bad/very bad on legal protection
- 44% scored bad/very bad on shelter

More news from our student survey*

110 males and 175 females aged 9 years and older were surveyed during September;

- 24% of males and 14% of females are already sexually active
- 69% of females have started their periods already – the average age they started was 13
- 52% of males have learned about puberty from a teacher, compared to just 26% of females
- 35% of females reported having health problems compared to 25% of males



Pictured above are reusable sanitary pads we are sourcing for female students and their family members from Project Luangwa, an NGO in Zambia.

Can you support our match giving appeal with The Big Give this Christmas?

From noon on 27 November any donations made to ZOA-UK via The Big Give will be matched for up to one week. We're aiming to raise £30,000 for our work with community schools in Zambia by 4 December.

To donate please visit www.thebiggive.org.uk, type Zambia Orphans Aid into the search bar and click 'DONATE NOW'.



Pictured above, children at Chibolya Community School in Zambia playing outside at break-time

What your gift could fund:

- £5-10 – cost of one textbook
- £23 – the cost of feeding a child at school for one year
- £76 – cost of a child attending primary classes for a year
- £268 – cost of a child attending secondary classes for a year



How you can help

Your support is hugely appreciated, as our work could simply not take place without your continued commitment. If you would like to make a further gift, but miss the The Big Give appeal, don't worry as you can still donate by;

- Visiting www.zoa.org.uk and clicking DONATE NOW on the homepage
- Sending a cheque for 'Zambia Orphans Aid UK' to Jim Potter, Treasurer, ZOA-UK, 2A Nine Chimneys Lane, Balsham, Cambs, CB21 4ES
- Discuss other ways to help by contacting Katy Dore by email, katy@zoa.org.uk or calling +44 (0)1223 890162

Thank you.



Registered with



FUNDRAISING
REGULATOR