

# Zambia Orphans Aid UK

*The small charity with big ambitions*



Diana, 18: *"I was 12 when I started my periods. I was afraid and didn't know what to do. I used to miss class until my period was finished because I didn't have pads. The menstrual hygiene training taught me about periods, how to use pads and that I can still go to school."*

ZOA provided training and reusable sanitary pads so girls like Diana have more confidence to go to school during their period.

## About us

ZOA was founded by Dr Shimwaayi Muntemba, an inspiring Zambian lady, as a response to the AIDS crisis that decimated the country leaving 1.2 million orphans and two thirds of its population under the age of 25.

We help orphans and other vulnerable children access education, a proven route out of poverty, giving them the potential to transform their lives. We partner with grassroots community groups in some of the poorest communities to find sustainable solutions that move children and youths out of poverty.

We supply uniforms, books and tuition fees, fund nutritious meals, create inspiring learning environments, help school leavers gain vocational qualifications and provide girls with reusable sanitary pads to keep them in the classroom.

We have doubled our income in the past three years to £338,163 and increased our profile and support with the public, development sector and Government.

## How we work

- We are governed by a Board of Trustees, including British Zambians, and led by a small team of part-time, home-based staff, a structure that keeps our over-heads low allowing more donations to be spent in Zambia.
- ZOA-UK employs rigorous governance and accountability structures to ensure donations are used effectively.
- Our sister charity in Lusaka, ZOA-Zambia, monitor our activities.
- All our eight grassroots partners are registered NGOs and have their own bank accounts and the ability to provide documentation proving funds have been spent appropriately.
- Since 2018 we have been evaluating our impact using the Child Status Index so we can make evidence-based decisions on the allocation of our limited resources.

## OUR IMPACT 2019:

**272 CHILDREN SUPPORTED  
IN PRIMARY SCHOOL**

**198 CHILDREN SUPPORTED  
IN SECONDARY SCHOOL**

**1326 CHILDREN RECEIVED  
NUTRITIOUS MEALS AT  
SCHOOL**

**92 STUDENTS SUPPORTED  
THROUGH TERTIARY  
VOCATIONAL TRAINING**

**256 LEADERS TRAINED IN  
MENSTRUAL HYGIENE  
MANAGEMENT**

**913 BOYS AND GIRLS TAUGHT  
ABOUT PUBERTY AND  
MENSTRUATION**